

Open Monday - Friday
7:00am - 4:00pm



"Best Lunch"
San Francisco Bay Guardian 2009, 2010 & 2011

We do our very best to meet all of our customer needs. As we serve fresh food, we may need to substitute items due to supply issues.

1950 University Ave, East Palo Alto

SIGNATURE SOUPS

All Soups come with a Hunk of Sourdough Bread

Regular Bowl...5.99 Large Bowl...6.99 Quart...12.99

V= Vegetarian L= Lowfat S= Spicy D=Dairy Free LC= Low Carb G=Gluten-Free

- 1. LD **Grandma Mary's Chicken Soup** - a flavorful, soothing broth full of chicken, noodles, carrots, parsnips and dill. Made the old-fashioned way
- 2. VLS **Organic Southwest Corn Chowder** - a delectable blend of roasted corn, red bell peppers, potatoes and chipotle chile peppers
- 3. **New England Clam Chowder** - a traditional recipe with clams, cream, potatoes and bacon
- 5. LSDG **Mexican Chicken Tortilla Soup** - a savory blend of oven roasted tomatoes, grilled corn tortillas, garlic and herbs, loaded with chunks of grilled chicken, garnished with tortilla chips, cilantro and cheese
- 20. VLDG **Organic Smoky Split Pea** - a hearty vegetarian split pea soup with a hint of smoked chili peppers
- 87. VG **Organic Tomato Bisque** - a velvety smooth tomato and cream soup
- 19. DSG **Turkey Chili** - a thick, zesty chili made with ground turkey, tomatoes, chili peppers and beans

SPECIALTY SOUPS

we serve 3-4 specialty soups daily, ask your WOW operator for today's specials

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|-------------------------------|--------------------------------|-----------------------------------|-------------------------------|
| 13. Shrimp Bisque | 6. Thai Red Curry Chicken | 26. West African Peanut | 96. Roasted Tomato Eggplant |
| 14. Louisiana Gumbo | 21. Potato Leek | 84. Grilled Chicken and Artichoke | 33. Sweet Corn and Sausage |
| 15. Minestrone | 18. Portobello Mushroom Barley | 28. Green Chili Chicken Chowder | 34. Manhattan Clam Chowder |
| 16. Cream of Exotic Mushrooms | 93. French Onion Soup | 29. Roasted Garlic Beef Stew | 35. Potato, Cheddar and Bacon |
| 91. Lobster Bisque | 24. Creole Vegetable | 30. Indian Lentil | 37. Broccoli Cheddar |
| 92. Mulligatawny | 94. Hearty Garden Miso | 95. Curried Butternut Squash | 97. Kick-Ass Chili |

LUNCH BAG COMBOS

- 56. **Soup & Half Sandwich Combo** - your choice of any regular (small 12oz. & large 16oz.) soup and half sandwich. Included sourdough bread and a cookie.....reg. 10.50.....large 11.50
- 57. **Soup & Salad Combo** - your choice of any regular (small 12oz. & large 16oz.) soup and side salad. Included sourdough bread and a cookie.....reg. 10.50.....large 11.50
- 55. **Half Sandwich & Salad Combo** - your choice of any half sandwich, side salad and cookie..... 10.50
- 51. **Whole Sandwich Combo** - your choice of any two half sandwiches. Includes a bag of chips and a cookie..... 10.50

ENTREE SALADS (individual)

- 70. **Greek** - organic romaine, roasted red peppers, marinated artichoke hearts, kalamata olives, english cucumber, feta cheese, focaccia croutons, with balsamic vinaigrette 9.29
- 71. **Chicken Chipotle** - organic mixed greens, grilled chicken breast, roasted corn, jicama, black beans, cherry tomatoes, avocado, cheddar cheese, blue corn tortilla chips, with a creamy chipotle dressing 9.99
- 72. **Cobb** - organic romaine, crumbled bacon, grilled chicken breast, hard boiled egg, avocado, cherry tomatoes, crumbled bleu cheese, with balsamic vinaigrette 9.99
- 73. **Rainbow** - organic romaine, shredded cabbage, roasted corn, roasted beets, candied walnuts, shredded carrots, crumbled bleu cheese, with a champagne vinaigrette 9.29
- 74. **Chicken Caesar** - organic romaine, grilled chicken breast, focaccia croutons, shredded parmesan with classic caesar dressing 9.49
- 75. **Thai Chicken** - organic mixed greens, grilled chicken breast, shredded carrots, edamame, shredded cabbage, crispy wonton strips with miso sesame dressing 9.99

SANDWICHES & SALADS

Half Sandwiches

- 43. **Roasted Turkey** - roasted turkey with avocado, jack cheese, romaine and tomato on sourdough bread..... 3.75
- 38. **Turkey Pesto** - roasted turkey basil pesto, romaine, tomato and mayonnaise on sliced sourdough bread..... 3.75
- 39. **Tuna Salad** - tuna salad with english cucumbers and garden greens on a whole wheat roll..... 3.75
- 48. **Grilled Chicken Ciabatta** - grilled chicken and jack cheese with a sweet & spicy red pepper spread, basil aioli, romaine and tomato..... 3.75
- 47. **Roast Beef** - roast beef with havarti cheese, romaine, tomato and mayonnaise on a dutch crunch roll 3.75
- 62. **Cal Veggie Cheddar** 3.75
- 44. **Egg Salad** - egg salad our own secret recipe on 9-grain bread..... 3.75
- 68. **Hummus Wrap** - hummus wrap with roasted red bell peppers, kalamata olives, romaine and cucumber on lavash 3.75

Side Salads

- 41. **Mixed Greens** - organic spring mix with cherry tomatoes, carrots and balsamic vinaigrette 3.75
- 42. **Classic Caesar** - crisp organic romaine, focaccia croutons with shaved parmesan cheese..... 3.75
- 90. **Spinach Salad** - organic spinach, smoky bacon, cage free hard boiled egg, sliced mushrooms and balsamic vinaigrette 3.75

DRINKS, SIDES & DESSERTS

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|---|---------------------------------------|
| 53. Coke & Diet Coke 2.49 | 52. Snapple 2.49 |
| 49. Nantucket Nectar 2.49 | 98. Vitamin Water 2.49 |
| 50. Water 1.79 | 99. Sparkling Water 2.49 |
| 65. Assorted Chips 1.79 | |
| 54. Cookies - chocolate chip cookies or old-fashioned oatmeal raisin..... 2.25 | |
| 64. Grandma Mary's Chocolate Cake - a luscious double chocolate cake..... 3.49 | |

All sales become final when waiter leaves your premises, please check your order carefully.

SERVICE AREA
REDWOOD CITY, WOODSIDE, ATHERTON, MENLO PARK, PALO ALTO,
MOUNTAIN VIEW, LOS ALTOS, REDWOOD SHORES,
LOS ALTOS HILLS, SAN CARLOS

All credit card orders, please show your credit card and valid I.D. upon delivery.